

Navigating the College Search & Recruiting Process

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Recruitability

Speed, Utility/Versatility, Academic Profile, Intangibles
 Conference Results (Finals/Consoles)
 Team Depth Chart/Records
 Academic Balance (selective schools)

Roster Spot

Recruited vs. Walk-on

Scholarship (Div I/II)

Women's Fully-funded: 14.9 (200 D1)
 Men's Fully-funded: 9.9 (143 D1)

Rough Recruitable Range (best SCY times):

	MEN			WOMEN		
	Div I	Mid-Major/D2	D3	Div I	Mid-Major/D2	D3
50	20.2	21.4	23.0	23.6	24.2	25.5
100	45.2	46.5	49.0	50.5	51.2	53.5
200	1:40.0	1:42.0	1:49.0	1:48.0	1:50.0	1:55.0
500	4:25.0	4:35.0	4:50.0	4:50.0	4:55.0	5:10.0
1000	9:15.0	9:30.0	10:00.0	9:50.0	10:00.0	11:00.0
1650	15:30.0	16:00.0	17:00.0	16:15.0	16:30.0	18:00.00
100 Fly	49.0	51.0	55.0	54.0	56.0	58.5
200 Fly	1:48.0	1:51.0	1:56.0	1:58.0	2:02.0	2:09.0
100 Back	49.5	51.0	55.0	55.0	56.0	59.0
200 Back	1:48.0	1:52.0	1:58.0	1:58.0	2:03.0	2:08.0
100 Breast	56.5	57.0	1:00.0	1:02.0	1:04.0	1:09.0
200 Breast	1:58.0	2:02.0	2:10.0	2:16.0	2:20.0	2:30.0
200 IM	1:49.0	1:53.0	2:02.0	2:01.0	2:04.0	2:10.0
400 IM	3:52.0	4:00.0	4:15.0	4:20.0	4:28.0	4:45.0

ACADEMICS

- GPA
- Testing
- Course Load
- Relative Success
- Resume

Testing

SAT:

Critical Reading 800
 Math 800
 Writing 800
 2400 Max

SAT II: Subject Test (8 + Languages) 800 Max score
 Many applications require ANY 2
 Take Junior Spring/after completion of HS course

ACT: English, Math, Reading & Science: 36 Max

"Superscore" – Most Admissions

Testing Schedule

Junior Winter

January	SAT/SAT II
February	ACT
March	SAT
April	ACT
May	SAT/SAT II
June	SAT/SAT II
June	ACT

Senior Fall (if necessary)

September	ACT
October	SAT/SAT II, ACT

Visiting Colleges

Official Visits: visit funded in any part by institution (travel, room/board/entertainment)

May begin once Senior year begins

Invitations from coaches begin Junior Spring/Summer (*do not invite yourself*)

Division I 5 Max, 48 hours

Division II/III No Max

Unofficial Visit: visit to campus funded and arranged by athlete.

May happen ANY time

No Max on UV

Junior Fall-Spring **Recommended**

Junior Days by invitation

Communication with College Coaches

“Athletes” includes parents/guardians as well. Club coaches are free to communicate when/however they want.

Division I/II

Junior Fall-Spring:

- Coaches MAY e-mail/mail (unlimited) beginning September 1, 2012
- Coaches may NOT call athletes, but MAY accept calls from athletes, but may NOT return missed call
- Athletes MAY visit campus and speak with coaches at any time (other than NCAA Dead Periods)
 - **Make an appointment** – during the week/business days
- Athletes may NOT speak with coaches off-campus prior to July 1, including at meets

After July 1:

- Coach MAY call rising seniors 1x/week
- Athletes MAY call coach anytime
- Coach MAY speak with athletes off-campus but can ONLY speak to athletes at a meet once athlete is finished competing at ENTIRE meet (i.e. after last session at Juniors)
- E-Mail and Unofficial Visits are wide open

Division III/NAIA/Junior College

Game on – do whatever you want, so can the coaches

RECRUITING/COLLEGE SEARCH TIMELINE

Junior Year

Fall

- Select Initial list of schools of interest
- Submit **Recruiting Questionnaires** to coaches
- Express/reiterate interest to coaches via e-mail
- Begin rapport with coaches

Winter

- Take SAT/ACT #1
- Continue contact with coaches
- Further identify schools of interest
- Take/Schedule Unofficial Visits
- Register with NCAA Eligibility Center (old Clearinghouse)

Spring

- Update coaches with top times (from SCY season)
- Take SAT II's
- Retake SAT #2/ACT
- Set-up Phone conversations with coaches of interest
- Request Letters of Recommendation from Teachers and Guidance Counselor
- Take Unofficial Visits, Junior Days

Summer

- JULY 1: Phone calls from coaches
 - "don't sweat it" – may not call on July 1 (2nd tier recruits)
- Submit Academics to Coach
 - SAT, SAT II, ACT results
 - Transcript through end of Junior Year
 - High School Profile (guidance or online)
 - Senior class schedule
- Begin Common Application
- Schedule Official Visits

Senior Year

Fall

- Take Official/Unofficial Visits
- Retake SAT/ACT, SAT II's (if necessary)
- Complete Common Application
- Finalize Decision
 - Await Offers/Invitations
 - Submit Application
 - NLI (Scholarships): Nov. 14-21 OR April 17 –

Winter-Spring

- Submit Applications
- Retake tests if necessary
- Continual contact with Coaches – updates on time, scores, etc.
- Spring signing/walk-on

Recommendations for Club Coaches

- Advocate for your athletes. Be proactive in contacting College Coaches
- Be honest with college coaches and your athletes – credibility
- Counsel athletes toward "good fit"
- Consult with athletes/parents early and often
 - Suggest other schools that may be a good fit (out of region)
- Advise ATHLETES to drive the process
- Play devil's advocate in final stages – ask the tough questions

*"if you break a leg
and can never
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