

2009-2010 South Carolina LSC State Championship Time Standards

GIRLS									
	10 & Unders		11-12yr olds		13-14 yr olds		15-18 / Senior		
	SC	LC	SC	LC	SC	LC	SC	LC	
50 Free	33.09*	39.79	29.69	33.79	27.49*	31.49	26.79*	30.69	50 Free
100 Free	1:14.39*	1:24.69	1:03.89*	1:13.69	59.59*	1:07.49	57.39*	1:05.99	100 Free
200 Free	2:43.29*	3:06.59	2:20.99	2:39.69	2:08.69	2:26.49	2:05.19*	2:21.59	200 Free
500/400 Free	7:15.09	6:36.79	6:14.19	5:37.09	5:40.69	5:13.89	5:29.19	4:57.69	500/400 Free
1000/800 Free	X	X	12:51.69	11:57.49	11:40.09	10:43.89	11:20.09	10:14.29	1000/800 Free
1650/1500 Free	X	X	21:39.59*	22:52.89	19:48.09	20:19.99	19:15.09	19:50.89	1650/1500 Free
50 Back	39.19	44.19	34.59	38.99	X	X	X	X	50 Back
100 Back	1:24.99	1:37.59	1:15.09	1:25.39	1:08.99*	1:20.49	1:06.49*	1:16.69	100 Back
200 Back	X	X	2:42.79	3:02.19	2:27.59	2:46.99	2:23.79	2:46.39	200 Back
50 Breast	44.89	51.59	39.19	45.69	X	X	X	X	50 Breast
100 Breast	1:38.79	1:53.69	1:23.99	1:34.59	1:17.79	1:30.49	1:15.89	1:25.49	100 Breast
200 Breast	X	X	3:06.19	3:27.69	2:51.49	3:14.39	2:50.19	3:13.39	200 Breast
50 Fly	39.39*	45.59	33.69	38.09	X	X	X	X	50 Fly
100 Fly	1:29.49	1:44.59	1:17.59	1:26.79	1:08.99	1:17.99	1:05.39	1:15.19	100 Fly
200 Fly	X	X	2:51.29	3:08.99	2:33.49	3:01.29	2:31.89	2:46.29	200 Fly
100 IM	1:25.99*	X	1:13.99	X	X	X	X	X	100 IM
200 IM	3:04.39	3:27.49	2:38.29	2:57.19	2:27.59	2:47.69	2:22.59	2:41.29	200 IM
400 IM	X	X	5:40.59	6:29.99	5:10.49	5:57.69	5:04.49	5:47.09	400 IM
200FreeRelay	2:12.39*	2:39.19	1:58.79	2:15.19	X	X	X	X	200FreeRelay
400FreeRelay	X	X	X	X	3:58.39*	4:29.99	3:49.59*	4:23.99	400FreeRelay
800FreeRelay	X	X	8:20.79*	9:26.39	8:20.79*	9:26.39	8:20.79*	9:26.39	800FreeRelay
200MedleyRelay	2:36.59*	3:01.19	2:17.19	2:36.59	X	X	X	X	200MedleyRelay
400MedleyRelay	X	X	X	X	4:35.39*	5:16.49	4:25.19*	5:03.39	400MedleyRelay
Boys									
	10 & Unders		11-12yr olds		13-14 yr olds		15-18 / Senior		
	SC	LC	SC	LC	SC	LC	SC	LC	
50 Free	33.69	38.99	29.79	33.89	26.29*	29.69	23.89	27.49	50 Free
100 Free	1:16.79	1:25.39	1:05.19	1:13.99	56.99	1:04.29	52.49	59.99	100 Free
200 Free	2:43.19	3:06.29	2:20.29	2:40.49	2:05.29*	2:23.99	1:54.59	2:11.39	200 Free
500/400 Free	7:15.39	6:30.59	6:15.09	5:37.79	5:35.19*	5:04.39	5:11.39	4:41.69	500/400 Free
1000/800 Free	X	X	12:51.69	11:55.09	11:36.39*	10:31.79	10:40.09	9:36.39	1000/800 Free
1650/1500 Free	X	X	21:39.59*	22:59.99	19:15.69*	19:45.09	18:09.09	18:46.09	1650/1500 Free
50 Back	40.99	46.19	35.19	39.69	X	X	X	X	50 Back
100 Back	1:28.29	1:42.59	1:16.29	1:25.89	1:07.09	1:14.79	1:01.49	1:09.49	100 Back
200 Back	X	X	2:41.39	3:05.49	2:24.79	2:44.09	2:12.89	2:32.69	200 Back
50 Breast	45.19	51.69	39.49	44.59	X	X	X	X	50 Breast
100 Breast	1:38.99	1:55.09	1:25.29	1:40.99	1:16.79	1:29.99	1:09.99	1:21.49	100 Breast
200 Breast	X	X	3:07.29*	3:33.29	2:45.59	3:05.39	2:30.89	2:55.59	200 Breast
50 Fly	39.29	46.39	34.29	37.79	X	X	X	X	50 Fly
100 Fly	1:30.19	1:45.59	1:18.39	1:30.89	1:04.59	1:13.49	58.79	1:05.89	100 Fly
200 Fly	X	X	2:51.29*	3:17.39	2:27.99	2:54.89	2:14.99	2:36.99	200 Fly
100 IM	1:27.59	X	1:15.79	X	X	X	X	X	100 IM
200 IM	3:10.59	3:34.79	2:39.39	3:01.89	2:24.09	2:43.19	2:10.59	2:27.89	200 IM
400 IM	X	X	5:48.29	6:40.29	4:59.59	5:41.29	4:47.99	5:26.09	400 IM
200FreeRelay	2:14.79	2:35.99	1:59.19	2:15.59	X	X	X	X	200FreeRelay
400FreeRelay	X	X	X	X	3:47.99*	4:17.19	3:29.99	3:59.99	400FreeRelay
800FreeRelay	X	X	7:38.39*	8:45.59	7:38.39*	8:45.59	7:38.39*	8:45.59	800FreeRelay
200MedleyRelay	2:39.19	3:03.29	2:18.79	2:35.99	X	X	X	X	200MedleyRelay
400MedleyRelay	X	X	X	X	4:25.49*	5:02.59	4:03.19	4:36.89	400MedleyRelay